

HOSPITAL LANE DENTAL PRACTICE

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Orthodontic Problem Solving

If a wire causes irritation, push the source away from the area using a cotton bud. If you are unable to do this, cover the end of the wire with a small piece of your orthodontic wax or a cotton wool ball until you are able to see Dr Cox for an adjustment.

If the main wire has come out of the tube on your back tooth, try to reinsert it with a pair of tweezers. If the wire is not causing you irritation, place a piece of your orthodontic wax over the area. If the wire is causing you irritation and the wax does not help, the wire can be cut with a small wire cutter or nail-clipper close to the back of the last bracket. Only attempt this as a last resort, if you are unable to attain professional assistance.

If a bracket becomes loose, it will remain connected to the main wire. Contact us and we can arrange an appointment for you with Dr Cox.

If a piece of your brace breaks, save the piece and call us to arrange a repair appointment with Dr Cox.

Stay calm if you swallow a piece of your appliance. This will usually pass into your stomach and pass out of the body in a bowel movement. However, if difficulty breathing is experienced, you should seek immediate medical attention.

If your retainer breaks or dislodges, remove it from your mouth (if possible). Use your Essix (removable) retainer, until you can attend an appointment with Dr Cox.

If your teeth are sore after a monthly visit, take Paracetamol, Ibuprofen or Aspirin (unless allergic). Using a warm salt-water mouthrinse can also be soothing.

If food becomes stuck between your teeth, use dental floss or an interdental brush to dislodge it.